



## **SAMPLE DAY MEETING MENUS**

### **CONTINENTAL BREAKFAST**

**Freshly Squeezed Orange Juice and Grapefruit Juice  
Apple Juice, Cranberry Juice**

**Sliced Fresh Fruit garnished with Berries**

#### **Breakfast Bakery Basket:**

*Assortment of New York Bagels,  
Croissants, Muffins, Danish and Scones  
Sweet Butter, Cream Cheese  
Assorted Jams and Preserves*

#### **Coffee Service**

*French Roast Coffee, Brewed Decaffeinated Coffee  
A Selection of Black and Herbal Teas  
Iced Tea  
Lemon and Honey, Sweeteners  
Whole and Skim Milk*

### **MORNING BEVERAGE BREAK**

*French Roast Coffee  
Brewed Decaffeinated Coffee  
A Selection of Black and Herbal Teas  
Iced Tea  
Lemon and Honey, Sweeteners  
Whole and Skim Milk*

*Assorted Diet and Regular Sodas, Bottled Waters  
Sparkling and Still Mineral Waters*



## **BUFFET LUNCH**

### **Spinach and Arugula Salad**

*Shaved Fennel and Aged Provolone Cheese, Extra Virgin Olive Oil and Lemon*

### **Platter of Grilled Vegetables**

*Eggplant, Peppers, Zucchini, Yellow Squash, Mushroom  
Roasted Garlic and Balsamic Reduction*

### **Fusilli with Sweet Basil Pesto**

*Baby Pear Tomatoes, Kalamata Olives, Asiago Cheese*

### **Cedar Planked Salmon**

*Slow roasted and served on a cedar plank garnished with:  
Peppers Agro Dolce, Dilled Cucumbers, Pickled Red Radish, Black Bread  
with Cultured Sweet Butter and Sea Salt*

### **Sautéed Chicken Breast**

*Over a Mushroom Ragout*

### **Crispy, Crushed Fingerling Potatoes**

*Citrus Zest*

### **Assorted Rolls with Butter**

### **Espresso Tiramisu**

*Light Mascarpone Cream Layered with Lady Fingers in Espresso*

### **Assorted Cookies**

### **Sliced Seasonal Fresh Fruit Garnished with Berries**

### **Coffee Service**

*French Roast Coffee  
Brewed Decaffeinated Coffee  
A Selection of Black and Herbal Teas  
Lemon and Honey, Sweeteners  
Whole and Skim Milk*



**AFTERNOON BREAK**

**Assorted Pretzels**

*Sourdough, Yogurt and Chocolate Covered*

**Popcorn**

*Buttered Popcorn, Kettle Corn*

**Jumbo Cookies, Brownies and Blondies**

**Coffee Service**

French Roast Coffee, Brewed Decaffeinated Coffee

*A Selection of Black and Herbal Tea*

*Iced Tea*

*Lemon and Honey, Sweeteners*

*Whole and Skim Milk*

*Assorted Diet and Regular Sodas, Bottled Juices*

*Sparkling and Still Mineral Waters*

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